



Justine Vo, D.O., R.Ac.

Company: CHR Health Centre Inc.

Age: 61

Profession: Licensed Osteopath and Acupuncturist, Nutritionist.

Email: vo@CHRcentre.com **Website:** www.CHRcentre.com

Specialty: Unique and personalized blend of various alternative medicine techniques in each therapy session for the rapid and long-term healing of any particular injury or illness of her clients.

Special Gift: Justine has been given the "Gift of Healing" to share with others.

Born in Saigon from a well-to-do family, Justine Vo is the grand-daughter of a renowned Chinese Medical Doctor and Pharmacist of South Vietnam and creator of the first Vietnamese Association of Traditional Medicine and Pharmacy. Her great-grandfather was a famous Chinese Medical Doctor of the Center Vietnamese Kingdom.

Justine had attended private French Schools, the National Conservatory of Music and the University of Maryland, Far East Division, in Saigon, and enjoyed martial arts, music, foreign languages and various sports.

Fleeing the Vietnam War in search for freedom, at the fall of Saigon in 1975, Justine chose to leave her affluent life and start a second one from scratch. After 6 months in the refugee camps where she volunteered her time to the American Military Hospital and American Red Cross, she chose to immigrate to Montreal, Canada, where she started a career in the insurance industry. For 25 years, she was a Fellow Canadian Insurance Professional (FCIP) and Canadian Risk Manager (CRM). She held executive positions at major insurance and reinsurance companies in North America, specializing in underwriting and risk management of Commercial Liability, Products Liability, Professional Liability, Directors' & Officers' Liability and Employer's Liability Insurance in Canada.

In 2000, her daughter Elise (then 16 years old) was stricken with Fibromyalgia so severe that she was confined to her bed for one year, during which time it was predicted by her doctors at Toronto's Sick Children's Hospital that she would spend the rest of life in a wheelchair. Justine dropped all insurance work in search of a natural cure for her daughter's allegedly 'incurable' illness. After intensive research, Justine found that the cause of her daughter's illness was directly associated to poor diet and malnutrition – for which Justine took full responsibility. After having recovered her daughter's health simply by correcting her diet & nutrition, Justine decided to leave her six-figure-salary insurance career to begin the study and practice of Chinese Medicine, Diet & Nutrition, Acupuncture, Reflexology, Massage Therapy and Osteopathy, at the College of Oriental Naturopathy and Acupuncture in Toronto (5200 hours), Ecole de Massothérapie Corzéâme Inc. (2200 hours), and the College of Osteopathy of Quebec in Montreal (COQM) (5200 hours). Her daughter, 30 and now perfectly healthy, was the reason for her mother to follow the path of her grandfather and great-grandfather and become a natural healer. On her path to become a registered Acupuncturist (R. Ac.) and licenced Osteopath (D.O.), Justine experienced financial misfortune due to a bad business partnership. Again, she had lost all her assets and savings, and has had to restart her life for a third time. She moved her practice to Oakville in 2007. During those last ten years of hardship, Justine discovered that she has been gifted with an unusually powerful healing talent which she wants to share with all who need her.

Justine is now known for her 'magic' hands, her caring heart, and her unique blend of Oriental and Western alternative medicine therapies that produce extraordinary results. She brings together both high standards and creativity in alternative medicine for both the well-being of her patients and her passion for continuing education. Her mission is to help her clients understand their body, reclaim their health and live a pain-free and pill-free life.

She possesses the rare gift of true healing. Her goal is to help her patients manage their pain and to recover from injuries and illnesses as rapidly as possible. Justine has successfully helped many patients recover from various chronic and acute health conditions, injuries and illnesses. Inspiring testimonials from her patients are to be found on her website at www.CHRcentre.com. CHR stands for Comprehensive Health Recovery as Justine offers a comprehensive health plan utilizing various therapies to allow her patients recover from their often multiple health conditions.

An additional asset is that Justine is able to communicate with her patients in English, French, Vietnamese and basic Mandarin Chinese. She is a sought-after speaker on the subject of natural cures through diet, nutrition and alternative medicine therapies. She has worked successfully with patients ranging from 2 months old to 92 years old. Besides healing illnesses and injuries, Justine also helps her patients achieve and maintain excellent general health, weight control, beauty and youthful