

Back Pain and Injury

I now know why people refer Justine as a miracle worker because she has put my misaligned lumbar spine, pelvic bone and sacrum back into its place. She relieved my excruciating pain in just one time, while another therapist has recommended twenty sessions. Justine has a different approach than any other therapist. Her goal is to help the patients recover from their ailment in the shortest time possible by integrating osteopathy, acupuncture and diet/nutrition and exercise. Justine needs to be recognized not only for her unique approach to healing but also her passion and dedication to the good health and wellness of her patients. We are so fortunate to have her in Oakville.

Mary K. – Oakville – 2010

It was the end of November and an overly vigorous stretch left me in extreme pain and completely immobile. It was an injury I had suffered a year before that had left me immobile for almost a week. This time however it seemed much worse.

The severity of the injury became crystal clear when upon trying to stand, I fell to my knees in agony and any movement at all caused excruciating pain. My first born son was due in a week time. I simply could not be in this condition! It was imperative that I "fix" my back ASAP. I began calling around all the Chiropractic Centers in my downtown area. After a number of calls I was growing extremely weary. All of the centers I called could not see me for at least a couple of days. I grew increasingly frustrated until I recalled a good friend had recommended Justine to me a few months earlier.

A friend referred me to Justine. She had successfully fixed his back injury. I called Justine, (this was on a Friday afternoon), and even though she was also booked solid for the following week and was leaving town that week, she offered to open her office on a Sunday and see me!

I traveled from Downtown to her Oakville office. She worked on my back for approximately an hour after which I felt an enormous relief. A few days after her treatment, my back returned to its normal state. By the time my wife's water broke the following week, I was completely capable of accompanying her and her large, heavy hospital bag to the hospital, and most importantly of all, walked out of the hospital carrying my new born son.

A huge thank you, Justine for making the above possible. My son can't talk yet, but if he could he certainly would thank you also. :)

Alan Walsh – Toronto - 2010