

## **Dislocated disc from slip and fall**

A few years ago I slipped on the black ice and severely injured my right hip, shoulder and arm. An MRI revealed a dislocated disc. After two years of pain killers and frequent weekly visits to the physiotherapist, a friend recommended me to Justine. She applied acupuncture and osteopathic manipulation techniques on me and the results were so amazing that I was completely healed after only four sessions. The pain from my shoulder down to my leg had disappeared. I now come to Justine for general health maintenance. Thanks Justine for the natural healing power of your hands and fingers

Nina Lagang, Oakville, March 19, 2011