

## **Scoliosis**

Originally I came to CHR Health Centre due to some pain I was feeling in my jaw. Since the pain has gone away, I continued to see Justine for my scoliosis that I have had since childhood. Throughout the first few months I noticed an improvement in my posture and everyone has been telling me I look straighter. My shoulder is not as twisted and pushed forward as it used to be, and after every session I feel more relaxed, lighter, straighter, and taller. I really believe Justine has magical hands, as she knows exactly which area of muscle/bone/ligament to pinpoint and work on. She moves and adjusts my spinal bones as if she is working a sculpture, moulding the clay, putting everything into its right place.

There is calming and peaceful energy that Justine projects. Good energy that heals. I feel it every time I step in her clinic to see her. Her positive attitude, kindness and care towards her clients is evident, it makes me look forward to my every session. I am very fortunate and thankful to have found Justine!

Anya Fisekovic – Burlington, April 28, 2011