

Herniated Discs, Sciatica and Surgery

A few years ago an MRI test revealed a couple of herniated discs on my spine which were pinching sciatica nerves and thus causing intolerable pains on my lower back and in my legs.

After endless visits to a myriad of chiropractors and therapists as well as numerous sessions on a spinal decompression devise (a very expensive procedure, I might add) I finally decided to go for surgery and after a week in the hospital I came home walking like a penguin and still feeling excruciating pains all over my body and numbness in my legs. Indeed, my family doctor even prescribed Morphine patches and Tylenol3 but his nurse suggested that I visit the CHR centre.

Needless to say, after all that I had been through I was very sceptical and besides, driving from Brampton to Oakville in the middle of winter did not seem like an attractive prospective but something or Someone convinced me to give it a try. Sure enough, after only 4 short sessions Justine weaved her magic into my body!

How do I thank someone who restored happiness into my life and put a smile back on my lips? Justine, I can only offer you my sincerest admiration and my eternal gratitude! Thank you so much for all you did for me; you are indeed a miracle worker; God bless you! I am forever indebted to you!

TONY I. – March 18. 2011